

Tofu Cashew Mayonnaise

Ingredients:

¼ cup cashews, soaked in water for 2-3 hours, then drained

200 g firm tofu

1 tsp tahini

1 tbsp + 2 tsp lemon juice

1 tbsp Dijon mustard

2 tbsp apple cider vinegar

2 tsp maple syrup

1 tsp ground chia seeds

4 tbsp water

Method:

Blend all ingredients at top speed for 40 seconds or until very smooth and creamy. Add extra water if a thinner consistency is desired.